# **Youth Services Programs**

Rotary International believes in developing the next generation of leaders. The Rotary Club of Norfolk Sunrise is committed to providing opportunities for local youth and young adults to build leadership skills, expand their education and learn the value of service.

Please contact our Rotary club if you are interested in applying to any of the following programs that we proudly support.



## **Rotary Youth Leadership Award**

RYLA is leadership training for young adults (ages 19-25). It is lead by a professional facilitator experienced in youth leadership development and supported by Rotarians as well as former RYLA participants.

RYLA training activities include online sessions as well as an in-person retreat sponsored by our club. It is an amazing opportunity to engage with other like-minded individuals and enhancing leadership skills while taking part in a variety of engaging activities.

\*If you are interested in finding out more about this program please visit the district website: <u>https://rotary7090.org/page/d7090-ryla</u>



# **Junior Rotary Youth Leadership**

Jr. RYLA is leadership training for youth (ages 15-18). Our Rotary Club covers the expenses to send a Norfolk County high school student to an in-person weekend program and virtual sessions with other youth from our Rotary district.

Skilled facilitators lead a variety of activities for students that are designed to further develop their leadership skills and self-confidence while meeting and working with others.

\*If you are interested in finding out more about this program please visit the district website: <u>https://rotary7090.org/page/d7090-jr.-ryla</u>



RYE is the leading international exchange program in the world. Each year our Rotary Club provides the opportunity for a high school student (ages 15-18) to experience a new culture, learn a new language and develop life-long leadership skills by living in another country.

#### LONG TERM EXCHANGES:

These exchanges are suited to students who are leaders in their schools and communities. They are about a year long and coincide roughly with our school year. Nearly all 200 countries and geographical regions where Rotary Clubs exist support this program. The Rotary Club of Norfolk Sunrise sponsors both an inbound exchange student and an outbound exchange student. Students are hosted by local families and attend school while on exchange.

#### SHORT TERM EXCHANGES:

These <u>reciprocal</u> exchanges offer high school students a chance to tailor an exchange to match interests and/or include specific places. Students are supported by our own Rotary club and will live with a host family that is approved by Rotary. Exchanges generally last for a few weeks during the summer months (when school is not in session).

\*Learn more about these RYE programs on our district website: <u>https://rye7090.org</u>



## **New Generations Service Exchange**

NGSE is designed for young adults (ages 18-30) who are in university students or just starting their professional career. It provides opportunities for selected applicants to learn more about their chosen career in another country. The exchanges can last for anywhere from a few weeks to 6 months.

Participants in this exchange are sponsored by local Rotary clubs who facilitate finding them career partners/businesses who they can job shadow and learn from. Local families (usually Rotarians) serve as hosts.

\*If you are interested in finding out more about this program please visit the district website: <u>https://rotary7090.org/page/d7090-new-generations-service-exchange</u>